



**Celebrate**  
*Mother's Day*  
*& Father's Day*  
**with massage**

**FROM BON SECOURS IN MOTION!**

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**Buy three massages, get one FREE!**

Swedish, Therapeutic, Hot Stone, Sports, Deep Tissue and Pregnancy Massages

PACKAGE MUST BE PURCHASED BY JUNE 18, 2016, AND WILL EXPIRE 12 MONTHS FROM PURCHASE DATE. CODE: MASSMOMDAD16



PHYSICAL THERAPY • SPORTS PERFORMANCE • FITNESS & WELLNESS

In Motion at Norfolk Fitness & Wellness Center: 757-217-0333  
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