



Outpatient Registration Form

Today's Date:	Last Name:	First Name:	Middle Init.	Gender																
Maiden Name:	DOB:	Marital Status:	Race/Ethnicity:	Religion:																
Social Security #:	Primary Care Physician:	What language do you wish to discuss your healthcare in?																		
Home Address	Apt #	City	State	Zip Code																
Home Telephone #	Cell Phone #	Email Address _____ ☐ Check this box if you DO NOT want to be contacted via email regarding our services.																		
Employer's Name: _____ (Please check which applies) ☐ FT ☐ PT ☐ Unemployed ☐ Retired ☐ Student			Employer's Telephone #																	
<table border="1"><tr><td>Primary Ins Holder/Sponsor's name <u>and</u> relationship:</td><td>Insurance company:</td></tr><tr><td>Date of Birth:</td><td>Holder/Sponsor's SSN:</td></tr><tr><td colspan="2"> </td></tr><tr><td>Secondary Ins Holder/Sponsor's name <u>and</u> relationship:</td><td>Insurance company:</td></tr><tr><td>Date of Birth:</td><td>Holder/Sponsor's SSN:</td></tr><tr><td colspan="2"> </td></tr><tr><td>Third Ins Holder/Sponsor's name <u>and</u> relationship:</td><td>Insurance company:</td></tr><tr><td>Date of Birth:</td><td>Holder/Sponsor's SSN:</td></tr></table>					Primary Ins Holder/Sponsor's name <u>and</u> relationship:	Insurance company:	Date of Birth:	Holder/Sponsor's SSN:			Secondary Ins Holder/Sponsor's name <u>and</u> relationship:	Insurance company:	Date of Birth:	Holder/Sponsor's SSN:			Third Ins Holder/Sponsor's name <u>and</u> relationship:	Insurance company:	Date of Birth:	Holder/Sponsor's SSN:
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Third Ins Holder/Sponsor's name <u>and</u> relationship:	Insurance company:																			
Date of Birth:	Holder/Sponsor's SSN:																			
Emergency Contact Name	Relationship	Home Telephone #	Cell Phone #																	
Emergency Contact Employer's Name			Work Telephone #																	

A Department of Maryview Medical Center

Clinic Patient ID sticker



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Medical History / Subjective Information - Pelvic Health

Gender: ☐ Male ☐ Female ☐ Non-Binary ☐ Different identity (specify): _____

Preferred Pronouns: _____

Date of symptom onset and describe your symptoms? _____

Do you have problems with **bladder control?** YES NO **Bowel control?** YES NO

Have you ever had any **adverse sexual experiences?** YES NO

Date of your last **pelvic exam:** _____ Date of **last urinalysis:** _____

Date of your last **prostate exam:** N/A _____

Special Tests? YES NO If Yes, Date and Type: _____

Have you had **surgery** for this condition or **other pelvic/abdominal surgeries/procedures?** YES NO

If Yes, Date(s) and Type(s): _____

Have you had **injections** for your condition? YES NO If Yes, Date: _____

Are you sexually active? YES NO Are you pregnant or attempting pregnancy? YES NO N/A

Number of past pregnancies? N/A _____ Complications? YES NO

If Yes, describe: _____

History of, or present sexually transmitted infections? YES NO

Do you have problems with sexual activity or urination? YES NO

If Yes, describe: _____

Have you ever been taught how to do **pelvic floor or Kegel exercises?** YES NO

If Yes, when and by whom? _____

How often do you perform pelvic floor exercises? _____

GENERAL QUESTIONS:

Have you had any **falls** in the past 3 months? YES NO If Yes, when? _____

Do you worry about falling? YES NO Do you have dizziness? YES NO

What type of **non-work** activities are you involved in? _____

When are you scheduled to see your doctor again? _____

How would you rate your overall health status (check one) ? Poor Fair Good Excellent



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Medical History / Subjective Information - Pelvic Health

Circle the answer below that best fits your symptoms:

1)	Occurrence of Incontinence or Leakage	Never	Less than 1x/month	More than 1x/month	Less than 1x/week	More than 1x/week	Almost everyday	# of leaks per day:
2)	Protection worn	None	Pantishields	Minipad	Maxipad	Diaper/Serenity		
3)	Severity	Few drops	Wet underwear	Wet underwear				
4)	Position or activity with leakage	Lying down	Sitting	Standing	Changing positions (sit-stand)	Sexual activity	Strong Urge	
5)	How long can you delay the need to urinate	Indefinitely	1+ hours	½ hour	15 min	<10 min	1-2 min	Not at all
6)	Activity that causes urine loss	Vigorous activity	Moderate Activity	Light activity	No activity	Type, if applicable:		
7)	Prolapse (falling out feeling)	Never	Occasional with menses	Pressure at end of day	Pressure with straining	Pressure with standing	Perineal pressure all day	
8)	Frequency of Urination (Day)	0 times	1-2 times	5-8 times	9-12 times	13+ times		
9)	Frequency of Urination (Night)	0 times	1 time	2 times	3 times	4+ times		
10)	Fluid Intake (include all beverage types)	(9+) 8oz glasses per day	(6-8) 8oz glasses per day	(3-5) 8oz glasses per day	(1-2) 8oz glasses per day	No water		
11)	Frequency of bowel movements	2 times per day	1 time per day	Every other day	Once every 4-7 days	Weekly	Other:	
12)	After starting to urinate can you completely stop the urine flow?	Can stop completely	Can deflect urine stream	Can partially deflect stream	Cannot stop stream			
13)	Do you have trouble initiating a urine stream?	Never	Less than 1x/month	More than 1x/month	Less than 1x/week	More than 1x/week	Almost everyday	
14)	Attitude towards symptoms	No problem	Minor inconvenience	Slight problem	Moderate problem	Major problem		
15)	Confidence in controlling your symptoms	Complete confidence	Moderate confidence	Little confidence	No confidence			

Is pain a symptom you are experiencing? YES NO

If YES, complete below PAIN QUESTIONS, if NO skip to end of survey



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Medical History / Subjective Information - Pelvic Health

PAIN QUESTIONS

Please rate your pain using a 0-10 scale (0 = no pain, 10 = the worst pain you can imagine)

Worst pain since onset _____ **Lowest** pain since onset _____ **Today's** pain _____

Is your pain?

Constant

Intermittent

What makes your pain/problem **better**? _____ **Worse?** _____

Do you have pain with any of the following activities (circle all that apply)?

1)	Sitting/Driving	No Pain	Minimal Pain	Moderate Pain	Severe Pain	Unable	N/A
2)	Standing	No Pain	Minimal Pain	Moderate Pain	Severe Pain	Unable	N/A
3)	Stair Climbing	No Pain	Minimal Pain	Moderate Pain	Severe Pain	Unable	N/A
4)	Impact Exercise	No Pain	Minimal Pain	Moderate Pain	Severe Pain	Unable	N/A
5)	Going from sit to stand	No Pain	Minimal Pain	Moderate Pain	Severe Pain	Unable	N/A
6)	Using tampons	No Pain	Minimal Pain	Moderate Pain	Severe Pain	Unable	N/A
7)	Sexual relations	No Pain	Minimal Pain	Moderate Pain	Severe Pain	Unable	N/A
8)	Moving in bed	No Pain	Minimal Pain	Moderate Pain	Severe Pain	Unable	N/A
9)	Urination/defecation	No Pain	Minimal Pain	Moderate Pain	Severe Pain	Unable	N/A

Any additional comments or concerns you'd like to address that have not been asked? **YES** **NO**

Therapist Notes:

To the best of my knowledge and belief, the information I have given is complete and true.

Patient Signature: _____ **Date:** _____ **Time:** _____

PT Signature: _____ **Date:** _____ **Time:** _____



Personal Representative and Information Form

I, _____, authorize Bon Secours Outpatient Rehabilitation Services to release information about my medical care to:

(Relationship)

(Relationship)

I understand that I must notify Bon Secours Outpatient Rehabilitation Services in writing in order to terminate this designation. I also understand that Bon Secours Outpatient Rehabilitation Services is not responsible for information that is re-disclosed by the above named individual(s).

(Patient's signature)

(Date)

(Time)

Date of Accident/Incident <u>or</u> Onset of Recent Symptoms	Type of Incident: ☐ Auto ☐ Work
	☐ No Accident ☐ Other: _____

Would you like information in reference to financial assistance? Yes No

Do you have transportation issues which may prevent you from attending your therapy? Yes No

General Communication Preferences

Please circle your preferred method for communication with our department. If you are not a current MyChart user, please ask our staff for more information. MyChart is our preferred method of communication for appointments and unexpected clinic closures. You can also view your medications, test results, medical bills, price estimates, and more all in one place.

Communication	Mail	Phone	Text Message	Email	MyChart
MyChart Account Management					
Appointments					
Billing					

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Patient's Responsibilities

Welcome to In Motion Physical Therapy! Thank you for choosing this facility for your rehabilitation.

We look forward to serving you with the highest quality of care available. The following information is to help ensure you, and other patients, have an enjoyable therapy experience.

- If you need to **cancel or reschedule an appointment, please call us at least 24 hours in advance** so that we may open that appointment up to other patients.
- It is important for you to be on time for your appointments. **If you are late, your therapy session may be cut short, or we may have to reschedule your appointment.**
- **If you miss three or more appointments**, you may be **discharged from therapy** services and your physician will be notified.
- **Worker's Compensation patients**—all cancellations and no-shows will be documented and your adjuster/case manager and employer will be notified.
- Your therapist will give you some instructions/exercises for home. **It is important that you follow these instructions to achieve the maximum benefit from therapy.** Your family should be involved in your care if you require assistance at home.
- Periodically and upon completion of your therapy, we will send progress notes to your physician with recommendations. Together, your therapist, your physician and you will decide when you have reached the maximum benefit from your rehabilitation. **Remember: Simply because your physician writes you a prescription for therapy does not guarantee payment from your insurance company.** We must show objective and functional improvement in an appropriate time frame; otherwise, we are mandated to discharge you from therapy.
- Therapy is performed in an open gym setting. Your therapist may use a curtained treatment area or a private treatment room if increased privacy is necessary.
- Please notify your therapist, the front office or another staff member if you are dissatisfied with your level of care so that we may remedy the situation.
- Out of respect for your privacy and that of other patients, please refrain from using your cell phone during your visit.

Thank you for giving us the opportunity to serve your rehab needs. We look forward to helping you achieve your goals and providing you excellent care.

Patient Signature

Date

Time

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Bon Secours In Motion Physical Therapy

PELVIC FLOOR CONSENT FOR EVALUATION AND TREATMENT

I acknowledge and understand that I have been referred for evaluation and treatment of pelvic floor dysfunction. Pelvic floor dysfunctions include, but are not limited to, urinary or fecal incontinence, difficulty with bowel, bladder or sexual functions, painful scars after childbirth or surgery, persistent sacroiliac or low back pain, or pelvic pain conditions.

I understand that to evaluate my condition it may be necessary, initially and periodically thereafter, to have my therapists perform an internal pelvic floor muscle examination. This examination is performed by observing and/or palpating the perineal region including the vagina and/or rectum. This evaluation will assess skin condition, reflexes, muscle tone, length, strength and endurance, scar mobility and function of the pelvic floor region. Although I am providing my consent to such evaluation and treatment, I understand that I will have the opportunity to revoke my consent at each treatment session.

Treatment may include, but is not limited to the following: observation, palpation, use of vaginal weights, vaginal or rectal sensors for biofeedback and/or electrical stimulation, ultrasound, heat, cold, stretching and strengthening exercises, soft tissue and/or joint mobilization and educational instruction.

Potential risks: I understand that I may experience an increase in my current level of pain or discomfort, or an aggravation of my existing injury. Although this discomfort is usually temporary; if it does not subside in 1-3 days, I agree to contact my therapist.

Potential benefits: I understand that I may experience an improvement in my symptoms and an increase in my ability to perform my daily activities. I may experience increased strength, awareness, flexibility and endurance in my movements. I may experience decreased pain and discomfort. I should gain a greater knowledge about managing my condition and the resources available to me to do so.

Alternatives: If I do not wish to participate in the therapy program, I will discuss my medical, surgical or pharmacological alternatives with my physical therapist, referring physician or primary care provider.

Cooperation with treatment: I understand that in order for therapy to be effective, I must come as scheduled unless there are unusual circumstances that prevent me from attending therapy. I agree to cooperate with and carry out the home program assigned to me. If I have difficulty with any part of my treatment program, I will discuss it with my therapist. If there are any conditions that may limit my ability to have this evaluation and treatment, I will discuss that information with my therapist. I further agree that if I am pregnant, have an infection of any kind, have vaginal dryness, am less than 6 weeks postpartum or post-surgery, have severe pelvic pain, sensitivity to lubricant, vaginal creams or latex, I will inform the therapist prior to the pelvic floor assessment.

I have read and understand the information above. I have had an opportunity to ask questions and have had those questions answered. I hereby request and consent to the evaluation and treatment to be provided as described in this form.

Patient Name (please print)

Date _____ Time _____

Patient (Patient Representative) Signature

Date _____ Time _____

Witness Signature



Bon Secours In Motion Physical Therapy

Plan of Care Agreement

My diagnosis, evaluation findings including the treatment program, the expected benefits or goals of treatment, and reasonable alternatives to the recommended treatment program, has all been explained to me. My questions about my care have been answered to my understanding and satisfaction. I consent to the recommended course of treatment.

For optimum care and progress:

- **It is important to keep your regularly scheduled therapy appointment. At those visits we can advance your exercise routine.**
- **Please avoid practicing your pelvic floor exercises just before your next appointment time.**
- **Bring your exercise sheets, voiding log and biofeedback internal sensors as appropriate to each visit.**

Patient Name (please print)

Patient (Patient Representative) Signature

Date

Time

Therapist Signature

Date

Time